SKI LEVELS

RED: Never skied before, Welcome!

<u>Goal:</u> Make pizza turns and stops

GREEN: Making pizza turns and stops. Should have rode a lift.

<u>Goal:</u> Build confidence and control using a pizza wedge.

BLUE: Starting to break out of the pizza and become parallel. Starting to look like a natural skier!

<u>Goal:</u> To become completely parallel.

YELOW: Completely Parallel! No way using

a pizza wedge and comes to a hockey stop.

<u>Goal</u>: Skis all Blue Runs while keeping skis parallel, starting to do Black runs!

BLACK: Starting to do bumps, trees and powder. Skis all runs with style and confidence!

Skis all runs! Does bumps, trees, powder! Should be good enough to teach the instructor!

SNOWBOARD LEVELS

RED: Never ever or had a bad 1st time. It

takes up to 3 lessons before you get it!

GREEN: Can turn on one edge, either toe or

heal, and can stop. We get you good on both edges in this class!

BLUE: Starting to link turns, using both

edges. Starting to work on timing, when to turn and stop.

YELLOW: Start of the advance lesson! Working on letting your lower body flow and upper body stay sound. Working on style, form, and motion.

BLACK: Starting to do bumps, trees, and hunting for powder.

Can handle anything the mountain

throws at you. Should be able to teach the instructor!